

Texas Christian University

Documentation Guidelines for TCU Students with Disabilities Mental Health Disabilities

A mental disorder is a syndrome characterized by clinically significant disturbance in an individual's cognition, emotional regulation, or behavior that reflects a dysfunction in the psychological, biological, or developmental processes underlying mental functioning. Mental disorders are usually associated with significant distress or disability in social, occupational, or other important activities. An expectable or culturally approved response to a common stressor or loss, such as the death of a loved one, is not a mental disorder. Socially deviant behavior (e.g., political, religious, or sexual) and conflicts that are primarily between the individual and society are not mental disorders unless the deviance or conflict results from a dysfunction in the individual, as described above. To fully evaluate accommodation requests and to determine eligibility for services.

x Documentation should be presented to the Student Access and Accommodation Office.

It shall be reviewed by appropriate University professional (4 (i)-6 (j))8 ()6 (i)4i reasonable accommodation

x Information concerning a student's disability is treated in a confidential manner in accordance with University policies as well as applicable state and federal laws.

x ds0.872 (w)6 Ad 185 hlt Dis 4 Disability Specialist 4 23 0 Tel 0 59 0 2 (licies a w4 (y))6 ec

x Additionally, the medical specialist/mental health provider must be an impartial individual not related to the student or parents nor in a business partnership with the student or parents.

Notes to mental health provider: The documentation must be in a typewritten report on professional letterhead that bears the evaluator's name, license number, professional credentials, business location, contact information and signature. Additionally, include the evaluator's business card. Please mail the report directly to Student Access and Accommodation, TCU Box 297008, Fort Worth, TX 76129.

studentaccommodation@tcu.edu
www.tcu.edu/accessaccommodation

Student Access and Accommodation
TCU Box 297008
Fort Worth, TX 76129

-257-6337
Fax 257-6358

In summary, your letter of disability documentation should provide responses to each of the following questions:

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13. Have you referred the individual for other treatment that may impact on current functional limitations?

APPENDIX

Assessments for Mental Health Disorders in Adolescents and Adults

This appendix contains selected examples of tests and instruments that may be used to supplement the clinical interview and support the presence of functional limitations. All tests used should be current and have sufficient reliability, validity, and utility for the specific purposes for which they are being employed. All tests should be normed on relevant populations and results reported in standard scores and percentile ranks. Tests that have interval validity scales or indicators are preferred over those that do not.

1. Rating scales. Self-rated or interviewer-rated scales for categorizing and quantifying the nature of the impairment may be useful in conjunction with other data, but no single test or subtest should be used solely to substantiate a diagnosis. Acceptable instruments include, but are not limited to the following

Beck Anxiety Inventory

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Academic Achievement†

Scholastic Abilities Test for Adults (SATA)

Stanford Test of Academic Skills (TASK)

